

01

إِنَّمَا الْأَعْمَالُ بِالنِّيَّاتِ، وَإِنَّمَا
لِكُلِّ امْرِئٍ مَا نَوَى

Innamā al-a‘mālu bin-niyyāt, wa innamā likulli
imri’in mā nawā

Bukhārī (1), Muslim (1907)

Actions are judged by intentions, and each
person will have what they intended

Foundational principle; intention is essential for
fasting and all acts of worship

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02

مَنْ صَامَ رَمَضَانَ إِيمَانًا وَاحْتِسَابًا
غُفِرَ لَهُ مَا تَقَدَّمَ مِنْ ذَنْبِهِ

Man ṣāma Ramaḍāna īmānan waḥtisāban
ghufira lahu mā taqaddama min dhanbih

Bukhārī (38), Muslim (759)

Whoever fasts Ramadan with faith and
seeking reward will have past sins forgiven

Refers specifically to the obligation and
virtue of fasting Ramadan

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03

إِذَا جَاءَ رَمَضَانُ فَتُحْتُ أَبْوَابُ
الْجَنَّةِ وَغُلِّقَتْ أَبْوَابُ النَّارِ وَصُفِّدَتْ

Idhā jā'a Ramadān futtiḥat abwābul-jannah wa
ghulliḡat abwābun-nār wa ṣuffidat ash-shayāṭin

Bukhārī (1898), Muslim (1079)

When Ramadan begins, the gates of
Paradise open and the devils are chained

Describes the spiritual environment
unique to Ramadan

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04

قَالَ اللَّهُ: كُلُّ عَمَلٍ ابْنِ آدَمَ لَهُ إِلَّا
الصَّيَّامَ، فَإِنَّهُ لِي وَأَنَا أَجْزِي بِهِ

Qāla Allāh: kullu ‘amali ibni Ādam lahu illā
aṣ-ṣiyām fa-innahu lī wa anā ajzī bih

Bukhārī (1904), Muslim (1151)

Allah says: Every deed is for the servant
except fasting; it is for Me and I reward it

Hadīth Qudsī emphasising the
unique status of fasting

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05

الصَّيَامُ جُنَّةٌ

Aṣ-ṣiyāmu junnah

Bukhārī (1894), Muslim (1151)

Fasting is a shield

Indicates fasting as protection from sin and Hellfire

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06

فَلَا يَرْفُثُ وَلَا يَجْهَلُ

Falā yarfuth wa lā yajhal

Bukhārī (1894), Muslim (1151)

Let him not speak obscenely
or act ignorantly

Guidance on character and
self-control while fasting

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07

وَإِنْ امْرُؤٌ قَاتَلَهُ أَوْ شَاتَمَهُ،
فَلْيَقُلْ: إِنِّي صَائِمٌ

Wa in imru'un qaatalahu aw shaatamahu,
falyaqul: Innee sa'im

Bukhārī (1894)

If someone fights with him or insults him,
let him say: I am fasting

Instruction on responding to
provocation during fasting

08

تَسَحَّرُوا فَإِنَّ فِي السُّحُورِ بَرَكَاتًا

Tasaḥḥarū fa-inna fī as-suḥūr barakah

Bukhārī (1923), Muslim (1095)

Eat suḥūr, for there is blessing in it

Encouragement to eat pre-dawn meal during
Ramadan

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09

لَا يَزَالُ النَّاسُ بِخَيْرٍ مَا عَجَّلُوا الْفِطْرَ

Lā yazālu an-nāsu bikhayr mā ‘ajjalū al-fiṭr

Bukhārī (1957), Muslim (1098)

People remain in goodness as long
as they hasten ifṭār

Sunnah of breaking the fast promptly at sunset

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#10

ذَهَبَ الظَّمَأُ وَابْتَلَّتِ العُرُوقُ
وَتَبَّتِ الأَجْرُ إِن شَاءَ اللّهُ

Dhahaba az-zama' wabtallatil-'urūq wa thabata
al-ajru in shā' Allāh

.Abū Dāwūd (2357)

The thirst has gone and the
reward is confirmed

Du'ā' reported to be said by the Prophet after ifṭār

#11

إِنَّ لِلصَّائِمِ عِنْدَ فِطْرِهِ دَعْوَةً مَا تُرَدُّ

Inna lil-ṣā'imi 'inda fiṭrihi da'watan mā turaddu

Ibn Mājah (1753)

The fasting person has a
supplication that is not rejected

Highlights the virtue of making du'ā' at ifṭār time

#12

لِلصَّائِمِ فَرْحَتَانِ يَفْرَحُهُمَا: إِذَا أَفْطَرَ
فَرِحَ، وَإِذَا لَقِيَ رَبَّهُ فَرِحَ بِصَوْمِهِ

Lil-ṣā'imi farḥatān yafraḥuhumā: idhā aftara
fariḥa, wa idhā laqiya rabbahū fariḥa bi-ṣawmih.

Bukhārī (1904), Muslim (1151)

The fasting person has two joys which he rejoices in:
when he breaks his fast he rejoices, and when he meets
his Lord he rejoices in his fasting

Describes emotional and spiritual reward of fasting

#13

لَخُلُوفُ فَمِّ الصَّائِمِ أَطْيَبُ عِنْدَ اللَّهِ
تَعَالَى مِنْ رِيحِ الْمِسْكِ

La-khalūfu fami aṣ-ṣā'im aṭyabu 'inda Allāh min
riḥ al-misk

Bukhārī (1894), Muslim (1151)

The smell of the fasting person is dearer
to Allah than musk

Indicates divine value of sincere fasting

#14

شَهْرُ رَمَضَانَ الَّذِي أُنزِلَ فِيهِ الْقُرْآنُ

Shahru Ramadān alladhī unzila fīhi al-Qur'ān

The Holy Qur'an 2:185

Ramadan is the month in which the
Qur'an was revealed

Establishes Ramadan as the month of Qur'an

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#15

كَانَ النَّبِيُّ ﷺ أَجْوَدَ النَّاسِ بِالْخَيْرِ،
وَكَانَ أَجْوَدَ مَا يَكُونُ فِي رَمَضَانَ

Kāna an-nabiyyu ﷺ ajwada an-nās bil-khayr,
wa kāna ajwada mā yakūnu fī Ramaḍān.

Bukhārī (1902)

The Prophet ﷺ was the most generous
of people in doing good, and he was at his
most generous during Ramadan

Describes the Prophet's increased generosity
during Ramadan

16

مَنْ فَطَّرَ صَائِمًا كَانَ لَهُ مِثْلُ أَجْرِهِ

Man faṭṭara ṣā'imān kāna lahu mithlu ajrih

Tirmidhī (807)

Whoever feeds a fasting
person gains the same reward

Encouragement to provide ifṭār to others

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#17

لَيْلَةُ الْقَدْرِ خَيْرٌ مِنْ أَلْفِ شَهْرٍ

Laylatul-qadri khayrun min alfi shahr

The Holy Qur'an 97:3

Laylat al-Qadr is better than a
thousand months

Explains the immense value of Laylat al-Qadr

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#18

تَحَرَّوْا لَيْلَةَ الْقَدْرِ فِي الْوَيْتْرِ، مِنْ الْعَشْرِ
الْأَوَاخِرِ مِنْ رَمَضَانَ

Taharrū laylata al-qadr fī al-witr, mina al-‘ashri
al-awākhirī min Ramadān.

Bukhārī (2017)

Seek Laylat al-Qadr in the odd nights of
the last ten nights of Ramadan

Instruction to search for Laylat al-Qadr in
Ramadan’s last ten nights

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#19

مَنْ قَامَ لَيْلَةَ الْقَدْرِ إِيمَانًا وَاحْتِسَابًا
غُفِرَ لَهُ مَا تَقَدَّمَ مِنْ ذَنْبِهِ

Man qāma Laylat al-Qadr īmānan waḥtisāban

Bukhārī (1901), Muslim (760)

Whoever stands in prayer on Laylat
al-Qadr will be forgiven

Describes reward of night prayer on Laylat al-Qadr

20

اللَّهُمَّ إِنَّكَ عَفْوٌ تُحِبُّ الْعَفْوَ
فَاعْفُ عَنِّي

Allāhumma innaka ‘afuwwun tuhibbul-‘afwa fa‘fu
‘anni

Tirmidhī (3513)

O Allah, You love forgiveness, so forgive me

Du‘ā’ taught by the Prophet to be recited in
Ramadan, especially on Laylat al-Qadr

21

فَإِنِّي قَرِيبٌ أُجِيبُ دَعْوَةَ الدَّاعِ

Fa-innī qarīb ujību da‘wata ad-dā‘ī

The Holy Qur’an 2:186

I am near and respond to supplication

Revealed in the context of fasting verses
in Ramadan

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22

رَبَّنَا تَقَبَّلْ مِنَّا

Rabbanā taqabbal minnā

The Holy Qur'an 2:127

Our Lord, accept from us

Supplication for acceptance of
worship, relevant after Ramadan

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#23

إِنَّ رَحْمَتِي سَبَقَتْ غَضَبِي

Inna rahmatī sabaqat ghadabī

Bukhārī (7422), Muslim (2751)

My mercy surpasses My anger

Emphasises Allah's mercy sought abundantly in Ramadan

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24

اللَّهُمَّ أَجِرْنِي مِنَ النَّارِ

Allāhumma ajirnī min an-nār

.Abū Dāwūd (5079)

O Allah, protect me from the Fire

Common supplication in Ramadan and last ten
nights

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25

أَحَبُّ الْأَعْمَالِ إِلَى اللَّهِ أَدْوَمُهَا

Aḥabbul-a'māli ilā Allāh adwamuhā

Bukhārī (6465), Muslim (783)

The most beloved deeds are
consistent ones

Reminder to continue worship beyond Ramadan

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26

مَنْ صَامَ رَمَضَانَ ثُمَّ أَتْبَعَهُ سِتًّا مِنْ
شَوَّالٍ

Man ṣāma Ramaḍān thumma atba'ahu sittan
min Shawwāl

Muslim (1164)

Fasting six days of Shawwāl
equals a year of fasting

Encourages continuation of fasting after Ramadan

#27

لَعَلَّكُمْ تَتَّقُونَ

La'allakum tattaqūn

The Holy Qur'an 2:183

So that you may attain taqwā

States the primary objective of fasting Ramadan

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28

أَفْضَلُ الصَّيَامِ بَعْدَ رَمَضَانَ
شَهْرُ اللَّهِ الْمُحَرَّمِ

Afdalu aş-şiyām ba'da Ramaḍān Shahrullāh
al-Muḥarram

Muslim (1163)

The best fast after Ramadan is Muḥarram

Guidance on fasting after Ramadan

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29

يَا مُقَلِّبَ الْقُلُوبِ ثَبِّتْ
قَلْبِي عَلَى دِينِكَ

Yā Muqalliba al-qulūb, thabbit qalbī ‘alā dīnik

Tirmidhī (2140)

O Turner of the hearts, keep my heart firm
upon Your religion

Supplication frequently made by the
Prophet peace be upon him

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30

إِنَّ الدِّينَ يُسْرٌ

Inna ad-dīna yusr

Bukhārī (39)

The religion is ease

Reminder against hardship in worship

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